

HAPPENINGS

COLLEGE NEWS / INTERVIEWS / SPORT / STAGE REVIEWS , UPDATES AND MUCH MORE

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Sponge Bob Movie Review



Champ Matt Moss Visit

Cathy's Happenings Update



Hello everyone , At SGSCC disAbility we are working hard to prepare for the future changes with the rollout of the National Disability Insurance Scheme (NDIS). The Vision of our College is to be a learner centred college providing dynamic education and training, contributing to the social, economic and cultural wellbeing of those we serve.

As we move into the new world and face the challenges of change SGSCC disAbility is committed to our Values:

Passion and Creativity: Our passion is limitless in our partnership with the people we support

Respect and Empowerment: We respect everyone and we will empower the people we support to gain control in the choices they make to achieve their hopes and dreams

Integrity: We will ensure what we do is what we believe. We will have integrity in all that we do.

My challenge as Manager of SGSCC disAbility is to be a strong leader in managing the changes, to work in partnership with the people we support, their families, the staff and other stakeholders and to make certain all decision making has the people we support at the centre.

At the Parent Information Evening in March we had Andrew Gibson from "Every Australian Counts" (EAC) attend. He spoke about some of the issues that are arising through the trial sites for the NDIS roll outs, and he highlighted the work that their organisation is doing in relation to Housing, concerns about exploitation by the for profit providers and EAC's role in talking with government and the National Disability Insurance Agency to ensure the rollout continues and provides the best possible outcome for people with a disability. I encourage you to access their website for up to date information.

www.everyaustraliancounts.com.au

I would also encourage you to have a look at the NDIS website to explore the site and have a look at the planning documents that will be used in the planning process.

www.ndis.gov.au

You may be aware that the rollout of the NDIS continues to gain momentum. The NSW Government decided to extend the rollout to the Blue Mountains and Penrith area

from July this year. This will be for the Early Intervention service. We have been told the extended rollout that will commence from July 2016 – 2018 will be by geographic area. At this stage we do not know what areas. As I have said we are working hard to be prepared.

We were very fortunate to have the services of John Kroon from National Disability Services (NDS) deliver unit costing training over three days to our Management team and our Accounts Manager. This was valuable training that has supported us to work towards determining how we are going with our costing of activities at present and how relevant we are to the pricing from the NDIS. This is a complex process and we are continuing on this journey at present. We have decided as a service to work towards providing a suite of services that encompass day services, individual supports, work training, self-managed, skills training and brokerage services. Over time we will work towards extending hours and days of service over a seven day period. We will be asking for feedback and ideas from you at some stage in the near future.

At our next Parent Information Evening we will be looking at the Planning Documents from the NDIA. I encourage as many families and carers as possible to get involved in this learning process so that you will be prepared when the NDIS rolls out in our area.

**The next Parent Information Night will be Tuesday
30 June from 7p.m. – 8.30 p.m.**

I would like to welcome the new clients and families to our service. We had 13 participants commence their daily supports with our service in January this year. This of course has been a big change for the clients and their families. The clients are now settling in and establishing their activities within our service. It is great to go and visit and see the smiles on the client's faces and to see them enjoying their time here at the college.

Lastly I would like to thank the wonderful team at SGSCC disAbility who work with a commitment and a passion to support the people we support to "have a good life".

Regards

Cathy Lovelock

Manager – SGSCC disAbility

Meet Our Support Staff : NEVILLE



Neville has been at the college for since 2005 and runs our woodwork day program. He volunteers his time each week to work and mentor our clients. A man always ready to offer some wise advice or a quick joke or two. Neville is treasured by both staff and clients here at college. We thank him for all he does and the difference he makes in the lives of those he supports.

Our newsletter team had a chat with Neville for our latest edition :

Q: How old are you Neville?

A: I'm 87 years old this year thanks for asking.

Q: Do you have any grandchildren?

A: Yes I do, grand children and great grandchildren.

Q: Where did you grow up Neville?

A: I grew up in the St George area.

Q: What was the award you won for bravery. Can you tell our readers a little about that?

A: Lets see now it was back in the 1960s and there was a gas leak aboard a large boat near Balmain. My ambulance team was the first to respond to the scene. I was awarded the 1st Ambulance transport award for bravery in NSW. I also was given the British empire medal for service

Q: What book are you reading?

A: I'm reading The Golden Buddha by Clive Cussler. It's about an action adventure about lost treasure.

Q: Have you ever met anyone famous?

A: Yes I've met Jack Davis who was a radio personality.

Q: What do you like about working in the disability support field

A: Firstly there is the satisfaction that one gets from seeing the finished product. The person may have been told they can't do something. When they learn through training and support its wonderful to witness.

Q: What's the best piece of advice you have heard?

A: Do the best you can with what you have got.

Thanks Neville for talking with us today

Interviewed by: Nadia, Kate, David and Rowan and Byron

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Contact Debbie Campbell on 02

85437429 or email dcampbell@sgscc.edu.au



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POST CARD.

Cruising the Islands with Fi



Hi friends at SGSCC, just thought I'd send you a postcard from my travels through the Pacific Islands. Its been a wonderful trip with lots of laughter and sights. I've been traveling with my family for two weeks now. The ship has

taken us to the stunning Noumea, Mystery Island and the Isle Of Pines. On the ship I played bingo and watched some stage shows. Of course I loved the shopping on the islands. Swimming in the Pacific has been a highlight. See you all soon. Hugs from Fiona

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MOTOCROSS & WEDDING BELLS



The 2014 SGSCC disAbility Christmas party included a visit from Australian motor cross champion Mat Moss. Matt and his brother took time out from between races to meet clients.

The Christmas party highlight included a hands on look at Matt's race bike. Matt has recently married Sophie who is a staff member here at SGSCC disAbility. Congrats to you both.

LOVE is in the Air

SGSCC is proud to announce its first wedding engagement between staff. In April Brendon and Sabine were in cupid's sights. The stage was set when Brendan popped the question to Sabine while visiting the Sydney Uni campus. Romantic Brendon had a dozen roses and memories delivered to the car Sabine was waiting in.

Next our Romeo appeared and asked for Sabine's hand in marriage.

Sabine has worked at SGSCC disAbility for 4years and is a support planner to many of our wonderful clients. Brendan is a support staff member and much loved by all for his musical talents and quick wit.

We wish our two lovebirds the very best for the future.



New Faces Around College

Mason, Chelsea, Mitchell, James, Blake, Rachel, Eliza, Samantha, Kacper, Siahne, Patrick, Kyle and Sabrina are our new clients this year. Our new clients have had a fun year so far with activities both at college and in the community. Kyle and Sabrina have been cooking up a storm in Bransgrove and getting crafty on various art projects. Jannali cafes and shops have continued to be a social destination for clients. Our Life Skills program started on the 27 of January this year. The gang have been doing cooking, shopping, gardening, computers, drumming, dancing, iPad workshop, body and soul and art.

Kacper does a Retail course at Petersham TAFE on Mondays and Tuesdays. Chelsea and Eliza have started a work skills program on Mondays Patrick and Rachael enjoy the Thursday music program which includes drumming, dance and karaoke .

There have been trips to Hurstville Westfield shops to visit a pet store. It was lots of fun. From all reports. The group saw puppies, cats, birds and fish. The clients also got to see how the animals were cared for at the pet store. 2015 is turning out to be an action filled year for all our clients.

Written by the clients from the Life Skills Program and the Bransgrove day program.



Did you know? SIMPSONS TRIVIA Compiled by Alex

Homer's annoyed grunt, "D'oh!," has been added to the Oxford English Dictionary.

People banned for life in the comic book store are: Bart Simpson, Milhouse, Sideshow Bob, Nelson



Muntz, and Simpsons Creator Matt Groening. Moe's Tavern is based on a real bar called Fireside. It is located near Loyola Marymount University.

570 episodes, and the 26th season began on September 28, 2014. The Simpsons is the longest-running American sitcom ever.

Grease is still the word for Katie



I love the movie Grease. The film stars John Travolta and Australia's Olivia Newton John. Did you know that its been 37 years since the film came rocking onto the big screen. The songs are fantastic and many get played each week during our music program. Summer Nights, Grease Lighting, You're the One That I want, We Go Together are great to sing to. If I could be anyone in a musical I'd be Sandy. She is beautiful and sings really well. There is a special Rydell High School Class of 1959 version on DVD with extra features out now. Olivia has just finished touring with John Farnham around Australia last month. Her website is www.olivianewton-john.com

Renee's Book Review

The Best of Me NICHOLAS SPARKS



I'm reading the Best Of Me at the moment. It's about two childhood sweethearts who meet at high school. Amanda Collier and Dawson Cole are in love and enjoy each other's company. Many years later they meet again by chance. Each one has lived a different life and moved on with families and work. The Best of Me is one of seventeen novels books by Nicholas Sparks. I think that the book teaches us about not letting things stop us from reaching our dreams. If you would like to know more about his upcoming books please visit :

www.nicholassparks.com



Ryan and Rowans Footy



Get ready for some exciting footy. Many teams are out to prove they can be top of the ladder and take home the trophy. The Sharks have a lot to prove now that the ASADA stress has moved on. Cronulla's coach Shane Flanagan is back on the field with the lads and wants the team to step up and win back fans. The Sharks have been doing great with 3 game wins in a row in 2015. The team faced shocking conditions beating Souths during a stormy night in April. At one point the game was nearly called off due to wet conditions. The season is going from strength to strength with the State of Origin and more NRL glory to come folks.





Q:What do you get from a pampered cow?

A: Spoiled milk.

Q:What is the tallest building in the world?

A:The library! It has the most stories!

Q: How do you know carrots are good for your eyesight?

A: Have you ever seen a rabbit wearing glasses

Jokes

Sponge Bob film review by Mason Ward



SpongeBob Movie Sponge Out of Water The movie featured SpongeBob who loved his job as a fry cook more than anything. He loved making Krabby Patties for the folks in Bikini Bottom just as much as they loved eating them.

"Why do they love this greasy meal sandwich so much?" you may ask, well

it was a secret. No one was sure what was in those patties that made them so delicious. And frankly no one cared, except for Plankton. Plankton owned the Chum Bucket right across the street from the Krusty Krab, where no one ate because the Chum Burger is really bad.

Plankton made it his life's work to steal the recipe. But SpongeBob was always there to protect it. But today, during one of Plankton's many attempts to steal the formula, The Secret Formula disappears. The

Krabby Patty is what ties the folks of Bikini Bottom together. Without it, Bikini Bottom would become a post-apocalyptic village. This goes on and on until the smell of Krabby Patties filled the air around them. six heroes followed the scent all the way to the surface.

When they arrived they saw the Krabby Patties with Burger-Beard who sent them to Pelican Island. But they return as superheroes and defeat Burger-Beard and saved the secret formula. And Bikini Bottom returns to social order.

I love this movie, it is creative, hilarious and a brilliant transition from traditional to computer animation.





Teal Day was hosted by SGSCC disAbility staff in February. An afternoon tea was held to help Ovarian Cancer Australia with much needed research. SGSCC staff wore teal on the day to help raise awareness for this cause. \$200 was raised on the day

Ovarian Cancer Australia is an independent national organisation that takes action for people affected by ovarian cancer in Australia.

Its vision is to save lives and ensure that no woman with ovarian cancer walks alone.

Its vibrant and growing national ovarian cancer research effort in Australia informs and translates into improved quality of life and survival for women.

www.ovariancancer.net.au

SGSCC disAbility Wins Council Arts

SGSCC DisAbility has been successful in winning a Arts Grant from Sutherland Shire Council. The grant has allowed us to purchase much needed film equipment and resources.

Our clients will now have access to Green screen technology and software programs to be used in the film making process. New film crew gear will be used in filmmaking productions in the future.

Pre-production has began on our next film project called 'A Short Paws'. The documentary will be entered into various Film festivals both nationally and overseas.

Empowerment films has been created to act as a production group studio from SGSCC disAbility. You can follow our production journey and updates via our Facebook page at [Empowerment-Films](https://www.facebook.com/Empowerment-Films).



Join us on
Facebook



Loftus Adventures from Biar



Hi everyone, we're almost half way through 2015 already! Things have been going great over here at Loftus. As we transition from summer to winter, I'm reminded of how much a day over here can change between the two seasons.

Our long, hot summer days are coming to an end, drawing the curtain on some of our summer activities like going to the beach, going to Luna Park and exploring the beautiful Royal National Park.

Although it's a little sad that we don't get to spend as much time outside in the sun, winter brings along with it, its own activities and adventures. We are afforded more time to spend at places like, The Science Centre, The Powerhouse Museum, and the Museum of Contemporary Arts, where we're exposed to new and exciting experiences.



Another change that has coincided with the change of seasons is the addition of a few new faces into the Loftus team. It's always exciting when a new face joins a team and bring with them fresh perspective, new idea, the desire to understand what's already happening and the initiative to add to it.

I'm excited to see what the rest of the year has in store and I hope your year continues to get better.

Biar Biar

Loftus Team Leader

Tastebuds Rejoice !

Pumpkin, cauliflower and Lentil curry

- 1 tablespoon olive oil
- 1 large red onion, cut into wedges
- 350g butternut pumpkin, peeled, cut into 2cm pieces
- 350g cauliflower, cut into florets
- 540g jar curry simmer sauce
- 1/2 cup Vegetable stock
- 200g baby spinach leaves
- 400g can brown lentils, drained, rinsed
- steamed Basmati Rice, to serve

Step 1

Heat oil in a large saucepan over medium-high heat. Add onion. Cook, stirring, for 3

to 4 minutes or until onion has softened.

Step 2

Add pumpkin, cauliflower, simmer sauce and stock. Bring to the boil. Reduce heat to low. Simmer, covered, stirring occasionally, for 20 minutes or until vegetables are tender.

Step 3

Add spinach and lentils to pan. Cook for 2 minutes or until spinach is wilted and lentils heated through. Serve curry with rice.



Wicked Nutella Hot Chocolate

- 3 tablespoons nutella
- 1 1/3 cups milk

Directions

Put Nutella and 1/3 cup milk in small saucepan over medium heat.

Whisk until blended.

Add remaining milk, increase heat to medium-high, and whisk until hot and frothy

Happenings Editors note : for extra indulgence add a little agave nectar to the cup. Shave white and dark chocolate on top. Don't forget mini marshmallows and enjoy.



As the nights get chilly try this beverage to warm you up

SAUSAGE STROGANOFF



- 2 teaspoons olive oil
- 8 thick beef sausages
- 3 middle bacon rashers, rind removed, chopped
- 1 large brown onion, chopped
- 2 garlic cloves, crushed
- 500g cup mushrooms, sliced
- 1 teaspoon sweet paprika
- 1/4 cup tomato paste
- 1 cup Beef stock
- 1/4 cup sour cream
- 2 tablespoons chopped fresh chives

Step 1

Heat oil in a frying pan over medium-high heat. Cook sausages, turning, for 8 to 10 minutes or until browned and just cooked through. Transfer to a plate. Cover to keep warm.

Step 2

Add bacon, onion and garlic to pan. Cook, stirring, for 3 minutes or until bacon is golden. Add mushrooms. Cook, stirring occasionally, for 5 minutes or until mushrooms have softened. Stir in paprika, tomato paste and stock. Bring to a simmer.

Step 3

Meanwhile, cut each sausage diagonally into 4 thick slices. Add to pan. Season with pepper. Cook, stirring occasionally, for 2 minutes or until sausages are heated through. Remove from heat. Stir in sour cream and chives. Serve with bread.



HAPPENINGS PRESSROOM...



from Left: Rowan, Ryan, David, Kate, Nadia and Renee. -Our Happenings press team are hard at work again in 2015 breaking the college news as it happens. The class meets every Thursday morning. Jobs include researching stories, taking photos and interviewing students and staff. If you would like to advertise a business or service in the shire please let Byron know at bphillips@sgscc.edu.au. The advertisement will appear in our upcoming issue in 2015.

Next issue blooms this spring

Diary Dates to Remember for 2015



Public Holidays

Monday 8th June

Monday 5th October

Midyear Break

6th July -10th July

Christmas Break

21st December - 10th January 2016

Returning 11th Jan 2016

Staff Development Days

(Program Closed)

Thursday 20th August

Thursday 22 October

Friday 18th December

Parent Information Evenings

30th June

22nd Sept



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